



# Addressing the barriers of social prescribing language - making social prescribing easier to understand

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# What is Social Prescribing?

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Sometimes people need support but don't know where to go to get it.

They can go to a 'social prescribing professional' who will chat with them and find out what they **like** and what they **need** support with.



# What is Social Prescribing?

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They might want support with things like gardening, sport, help with money or housing issues or they might be lonely.



# Social Prescribing is Confusing

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Barriers can make it hard for **all** people to access social prescribing.

These can include:

- Knowing about social prescribing.
- Knowing where to go.
- Knowing who to talk to.
- Understanding what they are talking about.



# Social Prescribing is Confusing

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The language used in social prescribing can be **REALLY** confusing!

Lots of the words used describe the same thing

Social prescribing is also called:

- **Community Connection.**
- **Community Navigation.**



# What We've Done to Help

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To help people understand social prescribing we have made a **dictionary** of social prescribing words. We call it a **Glossary of Terms**.

- Each word has a **description** explaining what it means
- It might also have a list of alternative terms that the word might be know by



# We Need Your Help

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In our 'dictionary' we have 36 terms.

**BUT we have problem! The dictionary is aimed at professionals who work in social prescribing**



**Because even they find social prescribing confusing!!!**

# We Need Your Help

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We need to make the dictionary accessible to **EVERYBODY**.

To do this we need to:

- Make the descriptions easier to understand.
- Have fewer terms in the dictionary.





# We Need Your Help

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That way **EVERYBODY** will be able to:

- Understand social prescribing
- Talk to each other
- Engage



Please help us to make our **BIG** list smaller

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